



Social Barriers to travel for children with disabilities

National Association of Municipal Clerks
in Bulgaria

Definition of behavioral disturbances

- A behavioral disorder is an emotional disability characterized by the inability to build or maintain satisfactory interpersonal relationships with other people.
- Vital skills in social interaction, learning methods and strategies, self-control and social skills developed during this period determine behavior throughout life.

THINK...

How basic cognitive and behavioral skills negatively affect the experiences of children with behavioral problems?

Is there a difference between school and home?

"Everyone has the right to participate freely in the cultural life of a community, to enjoy the arts, to share in the advancement of science and its benefits." (Universal Declaration of Human Rights).



Behavioral difficulties

- Aggression against people or animals
- Fraud or theft
- Serious violations of rules (unjustified absences from school) (DSM- V).

Behavioral difficulties are recurrent and often coexist with more than one. They have a negative impact on the individual throughout his life, on his relationships with family and society.

THINK...

- **What are the feelings of children with behavioral problems?**
- **How do parents of children with behavioral problems feel?**

Safe traveling

- Families with children with behavioral disorders need special benefits and care in order to travel on an equal footing with families who do not have similar difficulties.
- Traveling with children who are wary of any change can be challenging, precisely because it will happen that we expect it to happen on every trip, to break out of our daily routine and to be exposed to new experiences.

Travel Equally



- Everyone has limitations that affect mobility patterns and travel opportunities in time and space. Some may have more serious travel problems than others, including children (Fyhri et al. 2011) and people with disabilities.
- Several parents who their children face some form of disability, they do not have it opportunity to take a summer vacation, even for just a few days, why have difficulty in overcoming the various obstacles in their implementation. According the Universal Declaration of Human Rights "Everyone has the right to participate free in the cultural life of a community, to enjoy the arts, to share it advances in science and its benefits ".

Aslak Fyhri, Randi Hjorthol, Roger L. Mackett, Trine Nordgaard Fotel, Marketta KyttΓ. Children's active travel and independent mobility in four countries: Development, social contributing trends and measures, Transport Policy, Volume 18, Issue 5, 2011, Pages 703-710, h

<https://doi.org/10.1016/j.tranpol.2011.01.005>

Perception and illusions

- https://www.youtube.com/watch?v=mwzExNYs12Y&ab_channel=Mr.MindBlow
- https://www.youtube.com/watch?v=mwzExNYs12Y&ab_channel=Mr.MindBlow
- <https://www.popularmechanics.com/science/g34253663/10-best-optical-illusions/>

THINK

- **What are the problems faced by families with children who have behavioral difficulties with a trip?**
- **Where can they get support?**

How to calm your child

- https://www.youtube.com/watch?v=GBvQvi79Fw4&ab_channel=BRIGHTSIDE



Travel experience can be difficult for...

- changes in the routine,
- the lack of predictability of the environmental
- social conditions in the destination that the family has chosen to travel
- Sounds
- new regulations

Why not change a behavior easily?

Depends on...

- the financial situation of the parents
- their socio-economic level
- the age of the child
- patient

TIPS FOR PARENTS

- initial planning,
- the implementation until the completion
- right information plays the most essential role
- Dealing with unexpected events
- Managing children's behavior
- Interact with other people
- Crowd
- New sounds and images

People with disabilities should have at their disposal all the information about their trip, which they should include access to public transport, public spaces, premises leisure and at their place of residence.

THINK

- **How can I approach the difficulties of children with behavioral problems and their families?**
- **What tips can I suggest?**

Preparation for cooperation

- Approach
- I record the needs
- Open dialogue
- Common goals
- Enhancement
- Tips
- Application
- Evaluation

References for individual study

- Dongying Li, Linda Larsen, Yan Yang, Lan Wang, Yujia Zhai, William C. Sullivan. Exposure to nature for children with autism spectrum disorder: Benefits, caveats, and barriers, *Health & Place*, Volume 55, 2019, Pages 71-79, <https://doi.org/10.1016/j.healthplace.2018.11.005>.
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- Davies DK, Stock SE, Holloway S, et al. Evaluating a GPS-based transportation device to support independent bus travel by people with intellectual disability. *Intellect Dev Disabil*. 2010;48(6):454–463.



THANK YOU

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