



Families' Support Center „Family Warsaw”

Warsaw, 08 09 2021

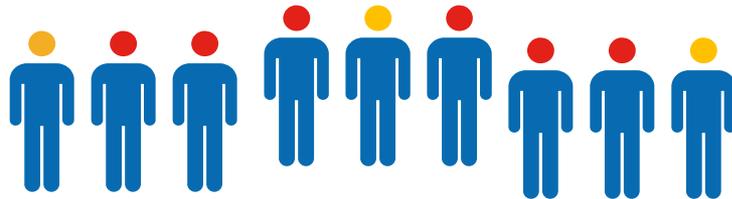


Centrum Wspierania Rodzin
RODZINNA WARSZAWA



OUR CENTER (CWR RW)

- 10 Day support facilities
- 405 beneficiaries of day support facilities
- History started at the beginning of the 20th century
- Other activities of CWR RW
 - Cooperation with local NGOs
 - Fab Labs – „makerspaces” for families
 - Training center for social care workers



CHILDREN&YOUTH

CORE OF OUR WORK TOWARDS SELF-RELIANCE





Our work on self-reliance

- From the 1st day
- **Different** goals for each beneficiary
- Parallel work with children and with parents

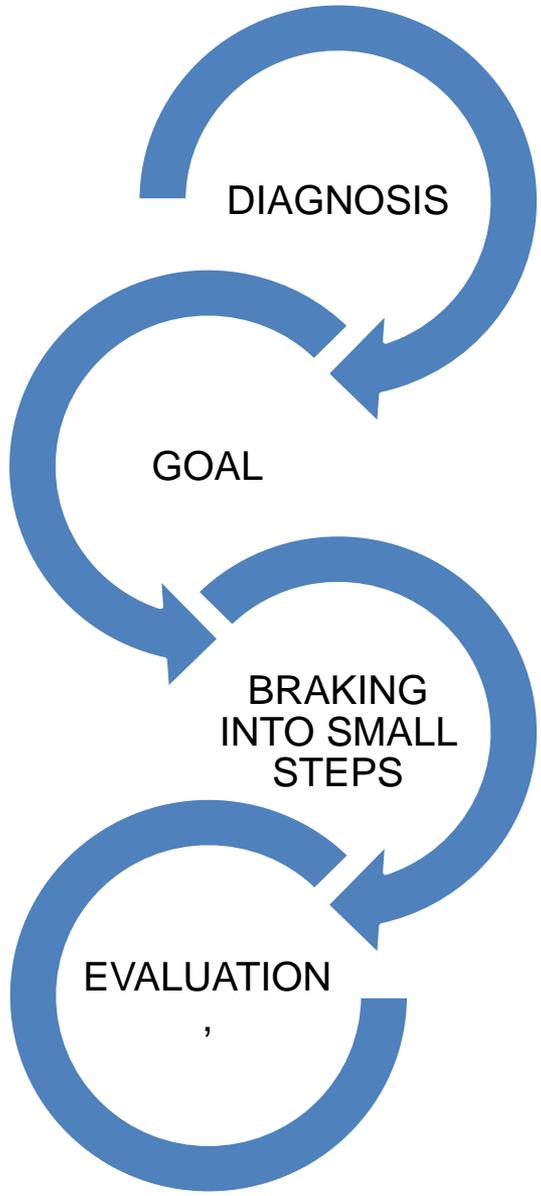


CRUCIAL TOPICS for children&youth

- 2 types of beneficiaries (with repression dominating and with stimulation domination)
- Leaving space for decision-making
- Slow process



Step-by-step

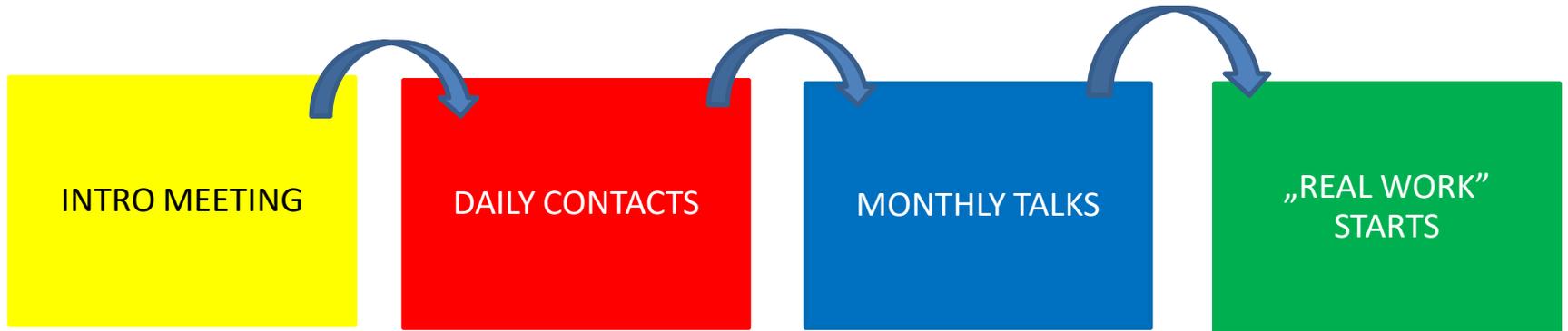


WORKING WITH PARENTS

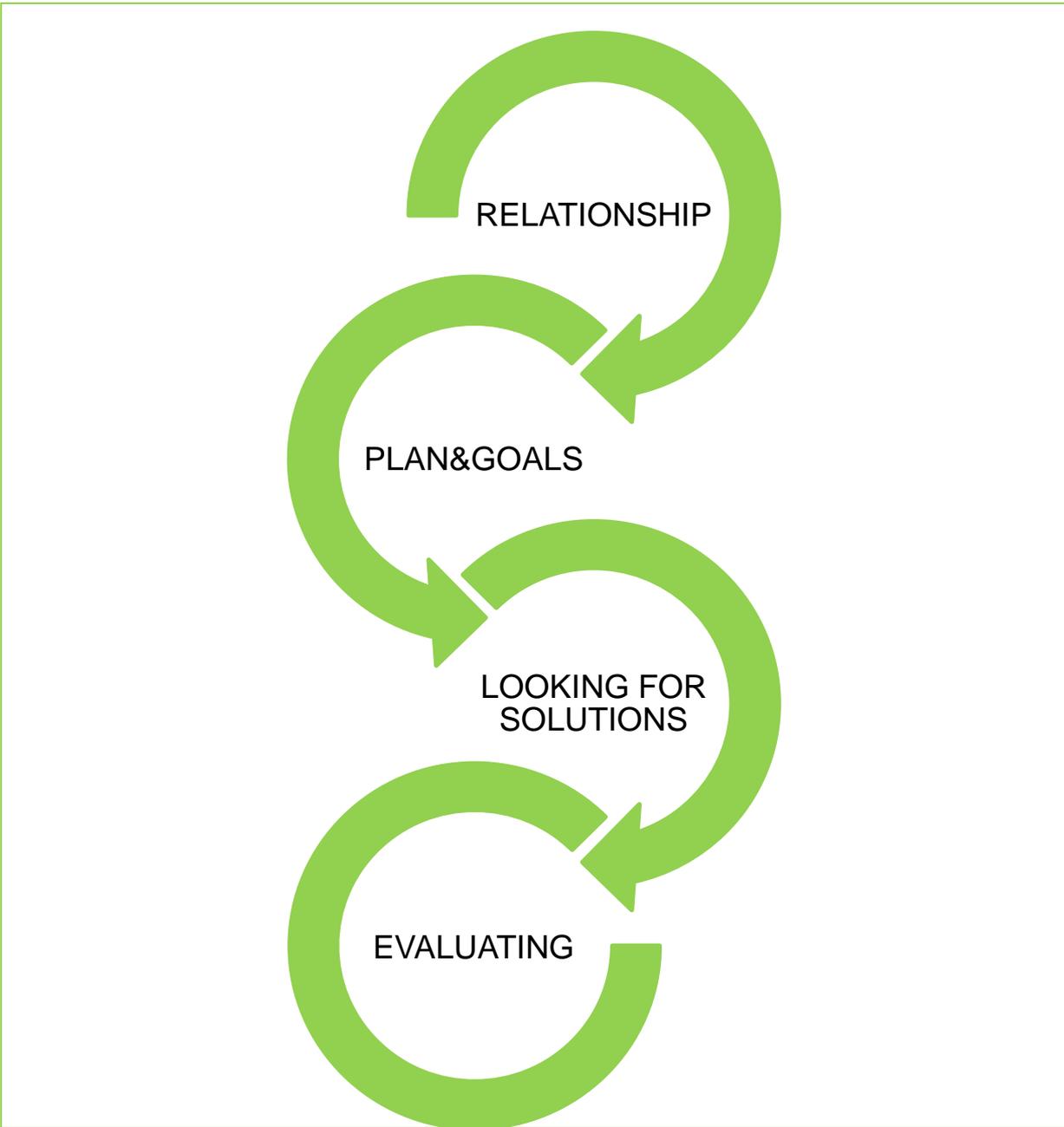
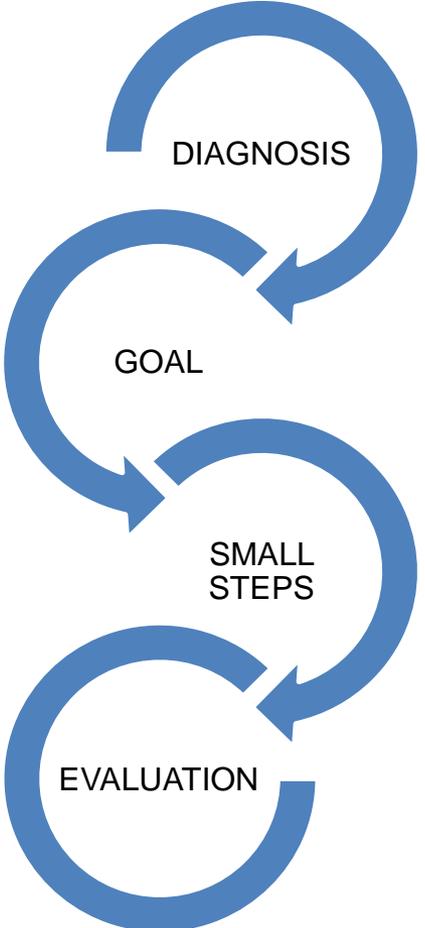
CORE OF THE WORK WITH PARENTS



Working with parents



Step-by-step



CRUCIAL TOPICS FOR PARENTS

What slows down the process:

- FEARS & OVERCARE
- TIME PRESSURE
- PERSPECTIVE: *I am a good parent **only if** I am overcaring*

Other topics

- Many decisions to be taken
- Enclave of normality
- Community

Motivation system during pandemic

Areas of Focus:

- Education
- Family life
- Extra activities

Results

- Community
- Inspiring each other (parents)
- Place for being proud
- Motivation boost for parents





THANK YOU

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